



OESTERLEN

Empowering Individuals to Thrive



presents

UNDERSTANDING MENTAL HEALTH FOR MINISTRY

A FREE WORKSHOP SERIES FOR FAITH LEADERS

To register for these free online 1-1/4 hr. workshops, scan the QR code or go to:
<https://oesterlencr.wufoo.com/forms/understanding-mental-health-for-ministry/>
(Zoom link provided before event)

FEBRUARY ONLINE WORKSHOPS

THURSDAY, FEB. 4 @ 2 PM

BRIDGES OF HOPE:

BECOMING A WELCOMING CONGREGATION

an overview of mental illness and implications for ministry and pastoral care

led by **Kathryn Hitchcock**
Director of Outreach and Development
NAMI Clark, Greene & Madison Counties

THURSDAY, FEBRUARY 11 @ 2 PM

RESILIENCY, TRAUMA AND MINISTRY

an introduction to Adverse Childhood Experiences, resiliency factors, and implications for ministry and pastoral care

led by **Kimberly Markham, LISW-S**
Oesterlen Clinical Director



Department of Mental Health and
Addiction Services



NAMI
National Alliance on Mental Illness

Clark, Greene &
Madison Counties

Oesterlen is a mental health agency located at 1918 Mechanicsburg Rd., Springfield, OH, serving youth, families and adults. It is affiliated with the Northwestern OH, Northeastern OH and Southern OH synods of the ELCA. This series is made possible, in part, with grant funding from the Ohio Department of Mental Health and Addiction Services and NAMI Clark, Greene & Madison Counties.

For more information, please contact Pastor Rachel Tune, rtune@oesterlen.org
937-399-6101 or go to www.oesterlen.org